

Senior Advisory Council May 17, 2022 10:00 a.m. Committee Room 3, City Hall

Present: Susan Brown, Audrey Garrett, Lesley Rickard

Council: Councillor Angie Desmarais

Staff: Karen Walsh

Guest: Jim Borysko from Welland McMaster Family Health Team

Regrets: Valerie King, Maggie Wahl – Horne

1. Call to order 10:05 a.m.

2. Motion to accept the agenda for May 17, 2022.

Moved by: Susan Brown

Seconded by: Councillor Angie Desmarais THAT the agenda for May 17, 2022 be accepted.

CARRIED

3. Motion to accept the minutes of March 22, 2022 and April 19, 2022.

Moved by: Councillor Angie Desmarais

Seconded by: Susan Brown

THAT the minutes of March 22, 2022 and April 19, 2022 be accepted.

CARRIED

4. Disclosure of Interest.

None

- 5. Presentation by Jim Borysko from McMaster Health Team presentation attached
- 6. Business Arising from the minutes

- i. June 3 Lesley & Val
- ii. June 10 Lesley & Angie
- iii. June 17 Sue & Audre
- iv. June 24 Val & Angie
- b. Age-Friendly Niagara (intern board) is gathering information and stats (What Covid did to the senior population, health issues and access to health care).
 - i. AFNC- Brock University in 2021, did a research study "Civic engagement for a sustainable local capacity: Perspectives of age-friendly community volunteers in the Niagara Region". On June 9th they are doing a webinar, in partnership with the Age-Friendly Niagara Council, presenting their study. Include the history of the AFN movement, motivations and benefits of volunteerism, and the lessons learned from older adult volunteers for build a resilient "community for all ages".
- c. Niagara Older Adult Alliance intern board from provincial government follow up email will be sent (also included with the minutes)
- d. Terms of Reference

Motion that the Seniors Citizens Advisory Council name be change to Seniors Advisory Council.

Moved by: Susan Brown
Seconded by: Audrey Garrett

THAT the committee's name change to Seniors Advisory Council and a memo be sent to council.

CARRIED

- e. Senior of the Year Award 2023
 - Angie to investigate what other municipalities do
 - Public to recommend names
 - Timeline work on the policy during the fall, announce in January, nominations accepted end of March, presentation to council in June, photos

- Possible have a committee to set up the policy & review nominations
- f. Housing Affordable Housing Strategy, Seniors at the second need
 - Define the word affordable
- 7. New Business
 - a. New Horizons for Seniors Program
- 8. Information/Correspondence none
- 9. Adjournment at 11:58 a.m.

Next meeting Tuesday, July 19, 2022.

- Discuss meeting month dates (currently the third Tuesday of the month at 10 a.m.)
- Post-mortem of the Farmer's Market
- Alzheimer's coffee break September
- Partner with local Indigenous to focus on seniors